

## RICE BOWLS

Avocado Poke 8.95

mixed vegetable, avocado, steak sauce

Salmon Poke 8.95

mixed vegetable, salmon, fruits hot sauce

Niagara — Chicken 8.95 Vegetable 7.95

cabbage, onion, carrot, egg, green onion, sesame seeds, steak sauce

Teriyaki — Chicken / Beef 7.95 Vegetable 6.95

cabbage, carrot, broccolli, bean sprout, green onion, sesame seeds

\* sub for brown rice 1.50

+ add avocado 3 salmon 3 chicken 3

## NOODLES

Teriyaki Box — Chicken / Beef 8.95

Vegetable 7.95

Udon — Seafood 8.95

Chicken / beef / tempura 7.95

Vegetable 6.95

## SASHIMI

Salmon & Tuna (10 pcs) 11.95

Toro (6 pcs) 8.50

Tuna (6 pcs) 7.50

Salmon (6 pcs) 6.95

## MAKI

Tuna 5.95

Salmon 5.50

Avocado 5.25

## TEMAKI (CONE)

Spicy Tuna / Victoria / Unagi 3.95

## TEA \*

Herbal tea 1.99

- Seamist
- Rooibos
- Westcoast peppermint
- Angelwater
- Philosopher's Brew

Green 1.99

- Moonlight on the grove
- Sour Cherry
- Gen Mai
- Hoji Cha

Wellness 1.99

- Winter Warrior
- Lullaby

Black 1.99

- Jewel of India

\* organic Silk Road Tea

## COMBO

Love Salmon (14 pcs) 15.95

Salmon Roll 8 pcs, Salmon Sashimi 2 pcs,

Smoked Salmon Nigiri 2 pcs, Salmon Nigiri 2 pcs

Nigiri Combo 1 (6 pcs) 9.95

3 pcs salmon, 3 pcs tuna

Nigiri Combo 2 (6 pcs) 9.95

2 pcs salmon, 2 pcs tuna, 2 pcs ebi

Salmon Nigiri (4 pcs) 7.50

2 pcs salmon, 2 pcs smoked salmon

Triple Roll (24 pcs) 15.50

8 pcs each of California, Dynamite, Yam rolls

Vegetable Roll (32 pcs) 17.95

8 pcs each of Cucumber, Avocado, Vegetable, and Yam rolls

## BENTO BOX

Box A 9.95

chicken or beef teriyaki over rice, 4 pcs California,

2 pcs tempura, seaweed Salad

Box B 12.95

chicken or beef teriyaki over rice, 3 pcs nigiri,

2 pcs tempura, seaweed salad

Box C 14.95

3 pcs sashimi, 3 pcs nigiri, 4 pcs California,

2 pcs tempura, seaweed salad

## NIGIRI \*

Unagi (BBQ Eel) 1.95

Ebi (Cooked Shrimp) 1.95

Salmon 1.95

Tuna 1.95

Smoked Salmon 1.95

Inari (Tofu Pocket) 1.50

Tamago (Cooked Egg) 1.50

\*Minimum 2pc order

## PARTY TRAYS

Tray A (39 pcs) 31.00

8 pcs of California, Dynamite, Vegetable and Yam

rolls, 1 pc of Unagi, Smoked Salmon, Tuna, Ebi,

Salmon, Tamago, Inari nigiri

Tray B (48 pcs) 41.00

8 pcs of California, Boston, Dynamite, Yam

Cado, Yam rolls, 2 pcs of Smoked Salmon, Tuna,

Salmon, Ebi nigiri

Tray C (64 pcs) 47.00

8 pcs of California, Dynamite, Salmon, Tuna, Yam

Cado, Smoked Salmon, Avocado and Yam rolls

Tray D (120 pcs) 77.00

40 pcs of California, Yam, Dynamite rolls

## MORE ITEMS ON THE OTHER SIDE

## ROLLS

- Rainbow 8.95  
cucumber, imitation crab, salmon, tuna, avocado,  
smoked salmon, cooked Shrimp, masago topping
- Unagi 8.95  
cucumber, imitation crab, BBQ eel, avocado,  
sesame seeds, unagi sauce topping
- Hot Night 8.95  
prawn, imitation crab, chopped spicy tuna, spicy sauce
- BBT Combo 8.95  
Created by ISSA certified personal trainer  
salad wrap & BBT Roll (salmon, cucumber,  
mango, sunflower sprouts, brown rice)
- Sushi Wrap (Burrito) 8.95  
avocado, Baked Yam, Cucumber, Romain lettuce,  
purple cabbage, steak & sweet sauce
- Alaska 8.50  
cucumber, imitation crab, salmon, avocado,  
masago topping
- Smoked Salmon 7.75  
cucumber, imitation crab, smoked salmon  
topping, spicy sauce
- Spinach-Avo 7.75  
spinach, avocado, brown rice
- Cherry Blossom 7.75  
avocado, cucumber, crunch bite, spicy sauce,  
masago topping
- Tuna Cado 7.25  
tuna, avocado, spicy sauce
- Spicy Tuna Cado 7.25  
chopped tuna, avocado, green onion, sesame  
seeds, spicy sauce
- Negitoro 7.25  
Toro, Green Onion
- Victoria 7.25  
roasted salmon, onion, mayo, cucumber, sweet &  
spicy sauce
- Crunch 7.25  
avocado, cucumber, imitation crab, crunch bite,  
steak & sweet Sauce
- BC 6.95  
tempura salmon, imitation crab, cucumber, sweet  
& spicy sauce
- Tiger 6.95  
avocado, cucumber, imitation crab, ebi, sweet &  
spicy sauce
- Salmon Cado 6.75  
Salmon, Avocado
- Phillie 6.75  
cream cheese, smoked salmon, prawn, cucumber,  
spicy sauce
- Dynamite 6.25  
prawns, imitation crab, cucumber, carrot, sesame seeds
- Salad Wrap 6.25  
romaine lettuce, avocado, carrot, cucumber, rice  
paper, sweet chili sauce
- Yam Cado 5.75
- Yam 4.95
- Assorted (while quantities last) 4.95  
2 pcs of California, Boston, Yam, Dynamite
- Spicy California 5.25
- Avocado 4.50
- Vegetable 4.50  
avocado, carrot, cucumber
- California — 6 pcs 3.25 8 pcs 4.25 12 pcs 6.25

## APPETIZERS

- Gyoza (6 pcs) 5.50
- Agedashi Tofu (8 pcs) 5.50
- Avocado Cup 5.95  
imitation crab, spicy tuna, avocado, sweet &  
spicy sauce
- Sunomono Salad 4.25
- Seaweed Salad 3.50
- Spinach Goma Salad 3.50
- Miso Soup L 1.95 S 0.95

## TEMPURA

- Vegetable (8 pcs) 7.95
- Yam (8 pcs) 7.95
- Prawn (8 pcs) 8.95
- Assorted (12 pcs) 13.95
- Fried Ice Cream 4.75

## SMOOTHIES (16oz) \*

- All flavours 4.75
- Mango Pineapple
  - Berry Blast
  - Strawberry Madness
  - Blueberry Wonder
  - Red Mango
  - Pineapple Passion
  - Avocado Sensation
- + add vegetable or whey protein powder 1.00  
\* with 100% pure unsweetened apple juice

# SUSHI TIME

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